

# Natural Health Center

"A Science Based Natural Healthcare Clinic"



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## Improvement Report

### Regarding your improvement:

1. What was it like before you came in to see us?

On October 9<sup>th</sup> I told my sister Melody I could no longer take the MS drugs. She made me an appointment to see Dr. Kolodjiski and my journey to wellness began on October 13<sup>th</sup>. By November 15<sup>th</sup> I realized for the first time in over 25 years I did not require aid to get out of my recliner and go to bed at night. This would happen at least 2-3 times a week.

2. How is it now?

My husband laughs and says sometimes he feels like he's with someone else's wife because I'm still up and going at midnight. Needless to say my future looks brighter. I am doing so much more because I can think more clearly and am getting more organized and planning for the future. I gave a report to the Rockport Area MS Support

This information is for our records and to help us educate others about what we do.

Annette  
Name

Jan. 14, 2009  
Date

I authorize Natural Health Center to utilize my Success/Improvement Report in the following manner:

(Please check all that apply):

- Success Story Book that remains in our office at all times.
- Any educational program or promotion by Natural Health Center to help make its services broadly known.

Sign: \_\_\_\_\_

Witness: [Signature]

Group Saturday, Jan. 10<sup>th</sup>. I felt like I was telling them a "Fairy Tale" but the Sleeping Beauty was me.

Used to when I had my "spells" I would be in bed by 8:30 or 9:00 pm. Now, I'm just beginning by then.

I ~~don't~~ have been able to stop taking my blood pressure medicine, provigil, cut Lasix from 40 mg. to 20 mg. and reduced my Doxepin from 300 mg. to 200 mg. What a deal!